

10th Annual Tri-State Conference on Grief and Loss

Grief Therapy as Brief Therapy: A Clinician's Toolkit

Robert A. Neimeyer, PhD

University of Memphis

Friday, August 24, 2018

8:00 am – 3:30 pm | Cincinnati Children's

Cincinnati, Ohio



Center for Professional Excellence, Education
ML 3020
3333 Burnet Avenue
Cincinnati, Ohio 45229-3039



Course Information

Description

This workshop offers in-depth training in several techniques focusing on brief interventions that help clients adapt to the challenges that come with bereavement. Making use of actual clinical videos as well as *how-to* instruction in the use of numerous therapeutic tools, we will discuss and practice several methods for helping clients integrate the reality of the loss into the ongoing story of their lives, while also reconstructing their continuing bond to their loved one.

Death may end a life, but not necessarily a relationship. We will begin by considering grieving as a process of reconstructing rather than relinquishing our bonds with those who have died. Clinical videos focusing on the death of parents, children and spouses will discuss impediments to revisiting and reorganizing the “back story” of the ongoing relationship with the deceased, as well as to several techniques that can help move such work forward.

Drawing on clinical videos of clients contending with losses through homicide, sudden, accident or suicide, we will learn to listen between the lines of the stories clients tell themselves and others about the death to grasp more fully the unvoiced meaning of their grief, and how we can help them integrate the event story of the death into the larger narrative of their lives.

Audience

Aftercare providers, bereavement specialists, child life specialists, chaplains, clergy, counselors, educators, funeral directors, nurses, social workers, and anyone who works with the bereaved.

About the Conference

The Tri-State Conference on Grief and Loss is the result of the collaborative efforts of several bereavement professionals in the Greater Cincinnati area. Our goal is to offer a one day program featuring a nationally recognized speaker to local bereavement providers in an affordable venue.

Learner Outcomes

- Implement restorative retelling and situational revisiting procedures for mastering the event story of the loss.
- Differentiate between forms of directed journaling that foster self-immersion and self-distancing to modulate emotions evoked by the death.
- Describe narrative techniques for accommodating loss in literal and figurative ways into the changed narrative of the client’s life.

Program

8:00-8:30	Registration (coffee & tea provided) and Welcome
8:30-10:00	Session I: A conceptual frame for grief therapy
10:00-10:15	Break
10:15-11:45	Session II: Processing the event story: Retelling the narrative of loss
11:45-12:30	Lunch (box lunch provided)
12:30--1:45	Session III: Accessing the back story: Reconstructing continuing bonds with the deceased
1:45-2:00	Break
2:00-3:15	Session IV: Integrating the story: Fostering posttraumatic growth
3:15-3:30	Wrap-up and Evaluation

Contact Hours

Nursing: 5.75 contact hours will be provided for those who attend the entire program and complete an evaluation tool. Cincinnati Children’s Hospital Medical Center is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.(OH-046, 9/1/2018) (OBN-001-91).

Social Work: 5.25 clock hours for those who attend the entire program. Cincinnati Children’s Hospital Medical Center Social Service is an approved provider of social work continuing education by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board (#RSX069302). This conference is approved for 5.25 clock hours. Social Work Program Area: Human Development and Behavior.

Counselors: 5.25 clock hours for those who attend the entire program. Cincinnati Children’s Hospital Medical Center is an approved provider of professional counselor clock hours (#RCX111201), by the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. This program is approved for 5.25 clock hours. Program Area: Human Growth and Development.

Funeral Directors: 5 CE’s approved by the Ohio Board of Embalmers and Funeral Directors for participants who attend the entire program.

Disclosures

The Planners and presenters have no real or perceived conflicts of interest related to this program.

General Information

Registration Information

- Register and pay online! It's fast, easy and convenient. Go to: www.cincinnatichildrens.org/ed/cme/ce-calendar.htm.

We accept the following types of payment Online:

- American Express, Visa or MasterCard.
- **Electronic Check** - No more writing checks and mailing them in. With **eCheck** you can pay using your checking account online...its safe and secure! Select the first option "Online Credit Card Payment or Electronic Check Payment" and follow the onscreen directions.
- **\$60** includes professional credits and a box lunch (Please indicate if you will need a vegetarian or gluten-free lunch).
- **Early Bird Deadline:** Wednesday, August 15, 2018.
- **Late registration:** \$90 after August 15, 2018.
- **No refunds**, but substitutions are permitted.
- Evaluations and professional credit/attendance certificates will be completed online after the program.
- Confirmation letters will be sent to your email address. If you have questions about registration, you may email sharon.herndon@cchmc.org.
- Room temperatures vary, please bring a jacket or sweater for your comfort.

Additional Information

For additional conference information, please contact:

- Jan Borgman, Bereavement Manager, Cincinnati Children's 513-636-0069 or jan.borgman@cchmc.org.

Speaker & Location

Speaker

Robert A. Neimeyer, Ph.D., is Director of the Portland Institute for Loss and Transition and Professor of Psychology at the University of Memphis, where he also maintains an active clinical practice. He has published 30 books, including *Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved and Grief and the Expressive Arts*, and serves as Editor of the journal *Death Studies*. The author of nearly 500 articles and book chapters, he is currently working to advance a more adequate theory of grieving as a meaning-making process, both in his published work and through his frequent professional workshops for national and international audiences.

In recognition of his scholarly contributions, he has been granted the Eminent Faculty Award by the University of Memphis, made a Fellow of the Clinical Psychology Division of the American Psychological Association, and given Lifetime Achievement Awards by both ADEC and the International Network for Personal Meaning.

Location: Building D.1 Sabin Auditorium

Cincinnati Children's Hospital Medical Center

3333 Burnet Avenue
Cincinnati, Ohio 45229

Sabin Auditorium is located in Building D, 1st floor, across from the cafeteria.

Park on Level D in the parking garage for the easiest access to this location. There is \$3.00 parking fee.

For directions from your location to the main hospital: cincinnatichildrens.org/maps